

# Troy E. Sammons, L.Ac., M.Ac.O.M.



Troy E. Sammons received a Masters Degree in Acupuncture and Oriental Medicine from the Oregon College of Oriental Medicine (OCOM) in 1997 and is a licensed Acupuncturist in the State of Colorado. Training at OCOM consisted of 4 academic years encompassing the prescription and application of acupuncture techniques, adjunctive therapies, and herbal therapies as defined by Traditional Oriental Medical concepts. Troy has advanced studies in Acupuncture and

Herbal medicine from the Nanjing University of Traditional Chinese Medicine (NUTCM), located in Nanjing, China, and also has advanced training in non-steroidal injection therapy for pain mitigation.

Troy specializes in pain mitigation for both acute and chronic conditions. Commonly treated conditions include migraine headaches, arthritis, tendinitis, neuropathy, plantar fasciitis, interstitial cystitis, and numerous musculoskeletal pathologies.

Troy also provides supportive therapies for cancer patients undergoing western



Traditional Method of Cupping



Cupping (vacuum technique)

medical treatments. These supportive therapies include acupuncture for improving white blood cell count, decreasing fatigue, and reducing nausea. Microcurrent with acupuncture is often applied to improve tissue healing, stimulate damaged sensory and motor nerves, and reduce excessive inflammation.

Techniques frequently used in therapy:

- Acupuncture
- Microcurrent



Soft tissue manipulations  
using guasha.

- Deep Tissue Massage (tuina)
- Non-steroidal injection therapy
- Cupping
- Scraping (guasha)
- Moxibustion

The profession of Acupuncture is regulated by the State of Colorado Department of Regulatory Agencies (DORA). Active license verification can be validated through their [Office of Acupuncture Licensure](#).